

The Evolving Role of the Diabetes Specialist Nurse Beyond Therapeutic Patient Education: **European Perspective**

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President FEND

Vice President IDF

Mission Statement & Aims

- To promote the delivery of evidence based care for people with diabetes throughout Europe.
- Develop and promote the professional role of the diabetes nurse in Europe
- Influence European health care policy relevant to diabetes care and research
- Promote acceptable standards and equity of care for people with diabetes throughout Europe
- Co-operate and collaborate with national and international health care organisations

Diabetes - A Major Public Health Problem

over **380 million** within a generation

1 person dies every **10 seconds**

over **246 million** people with diabetes

Influencing Factors -1

- Increasing prevalence of diabetes
- Specific health needs of the diabetic population
- Societal influences, consumer autonomy and empowerment
- Differing and increasing expectations of healthcare
- Cultural, ethnic and economic factors
- Technological and therapeutic advances

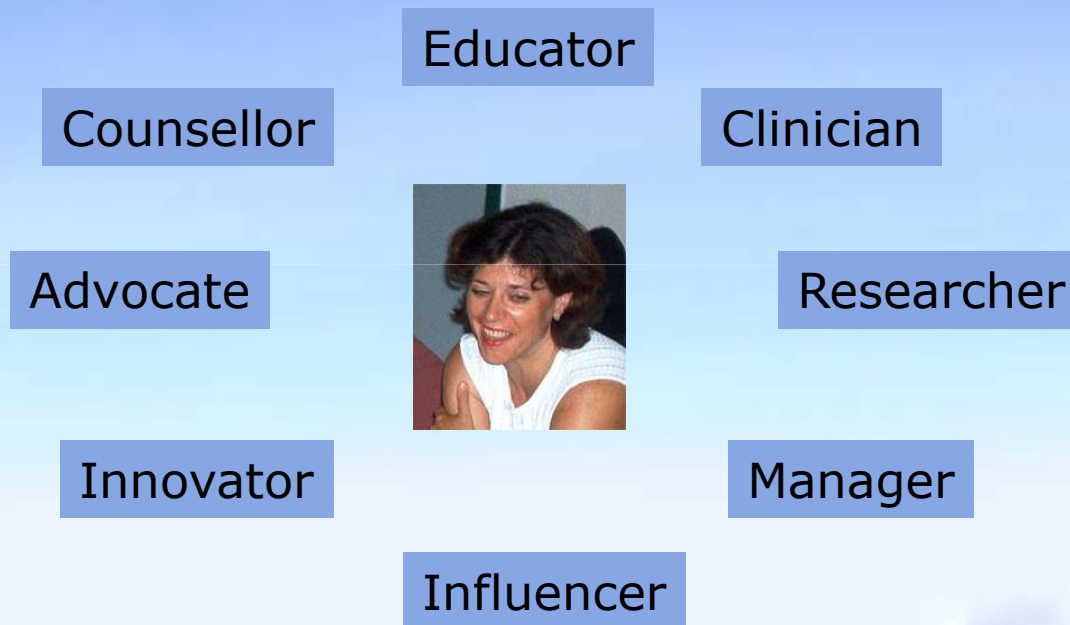
Influencing Factors -2

- Psychosocial aspects of nursing care & clinical practice
- Effective and appropriate use of nurse manpower
- Evolving national priorities in healthcare
- Non governmental - national
- Patient organisations, diabetes nursing organisations
- Non governmental - international
- IDF, WHO, EASD, PCDE, FEND, patient organisations

Influencing Factors (3)

- St Vincent Declaration & subsequent declarations
- Professional Organisations / Associations
- Ministries of Health
- EU 6th Framework for Research (ERA)
- EURADIA
- Political lobbying
- Media
- Scientific press
- UN Resolution for diabetes

The Diabetes Specialist Nurse in 21st Century




Nurses advance diabetes by....

Solutions & the nursing contribution

- Primary prevention- individual lifestyle and public health
- Self-care support and education- equipping people with diabetes to develop self determination (mastery)
- Care systems- organising & delivering diabetes care more efficiently
- Therapies - better, safer, cheaper, more effective therapies

Primary prevention – areas of nursing contribution

- Screening at risk populations
- Delivering lifestyle and nutritional support
- Behaviour change interventions
- Public health interventions
- Implementing IMAGE

A night-time photograph of the Singapore Eye Ferris wheel, illuminated with blue lights. In the background, a building displays a large advertisement for World Diabetes Day with the text "UNDERSTAND DIABETES KNOW THE WARNING SIGNS" and "world diabetes day". The Ferris wheel is the central focus, with its circular structure and spokes clearly visible. The scene is reflected in the water in the foreground.

*“Human history
becomes more and
more a race between
education and
catastrophe”*

H. G. WELLS

Founder of the Diabetes UK (BDA)

Education and self-care support areas of nursing contribution

- Educator- (guide, facilitator)
- Therapy modulator
- Behaviour change interventions
- Support psychological adjustment
- Development of self-care resources
- Quality assurance and outcome appraisal

European Diabetes Nursing Research



- 2010 FEND Professor of Diabetes Nursing
- Prof Angus Forbes
- Florence Nightingale School of Nursing and Midwifery
- King's College London

A FEND European network sharing expertise and collaboration in knowledge development



Geo-Political Journey

*The Destiny of Man
Expresses Itself in
Political Terms*

Thomas Mann

Geo-Political Journey

Diabetes

The Policy Puzzle: Towards Benchmarking in the EU 25

FEND
Federation of European Nurses in Diabetes

BUNDESMINISTERIUM FÜR
GESUNDHEIT UND FRAUEN



EU Conference Prevention of Type 2 Diabetes

Conference Report

Diabetes

EU POLICY RECOMMENDATIONS

**ATTENTION
URGENT**

FEND
Federation of European Nurses in Diabetes




Acknowledgements
World Health Organization
Regional Office for Europe
Copenhagen

International Diabetes Federation
European Region


EUR/ICP/CLR 055

ENGLISH ONLY

2004 EU Health Council



COUNCIL OF
THE EUROPEAN UNION

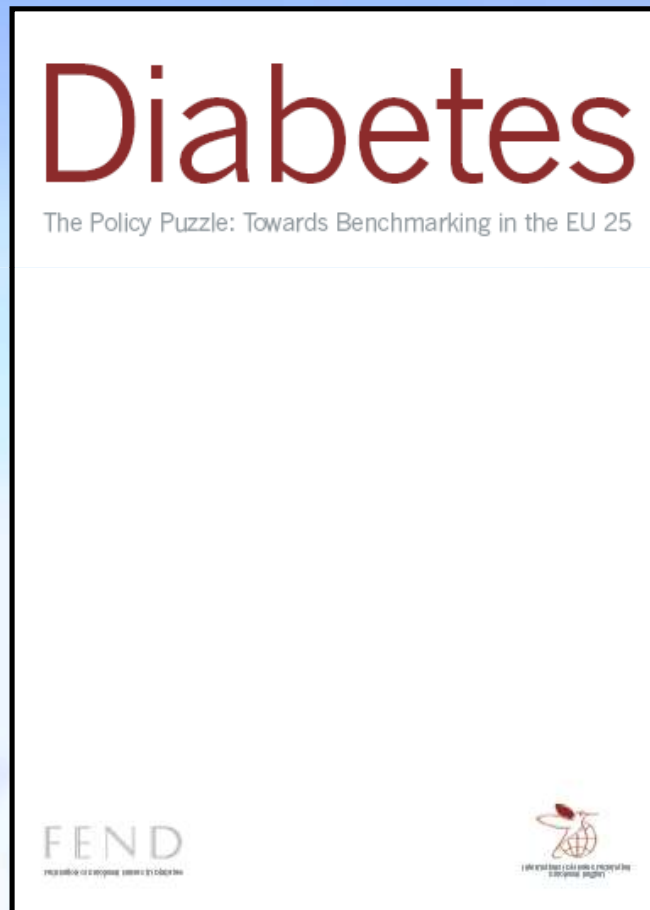


From: Presidency
To: Council
Date: 2 June 2004
Subject: Diabetes - Information by the Presidency

Diabetes requires the development of a comprehensive, integrated programme of prevention, care and rehabilitation. It constitutes a significant public health problem with high mortality and serious levels of illness and disability. There exist identifiable interventions and sound evidence based strategies which could have a potential to significantly improve the health of individuals and populations health across Europe.

Progress made in cardiovascular and cancer strategies demonstrate the merit of addressing conditions like diabetes in a co-ordinated, strategic and comprehensive way across Europe, given that it can have wide-ranging complications. **Indeed, a European strategy for diabetes, a major risk factor of other related diseases such as cardiovascular disease, could make an important contribution to the reduction of public health expenditures in all 25 EU member states.**

2005 Diabetes Audit & Policy Paper

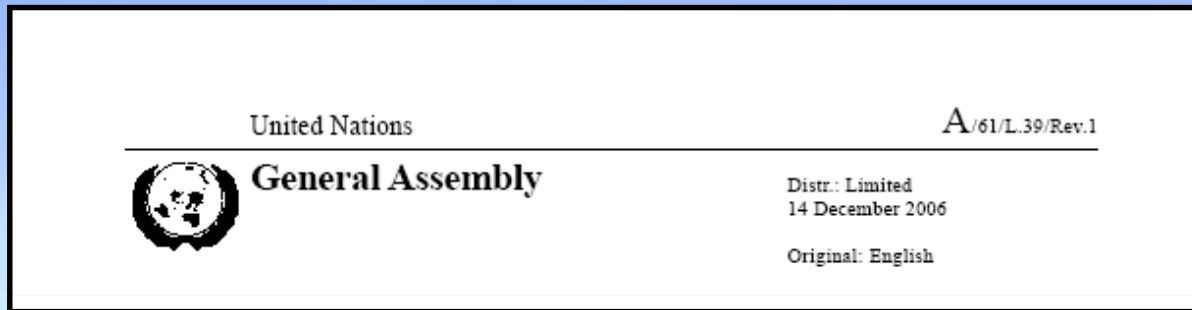


2006 EU Diabetes Conference



AM Felton October 2010 KDA 36th Autumn Congress Busan Korea

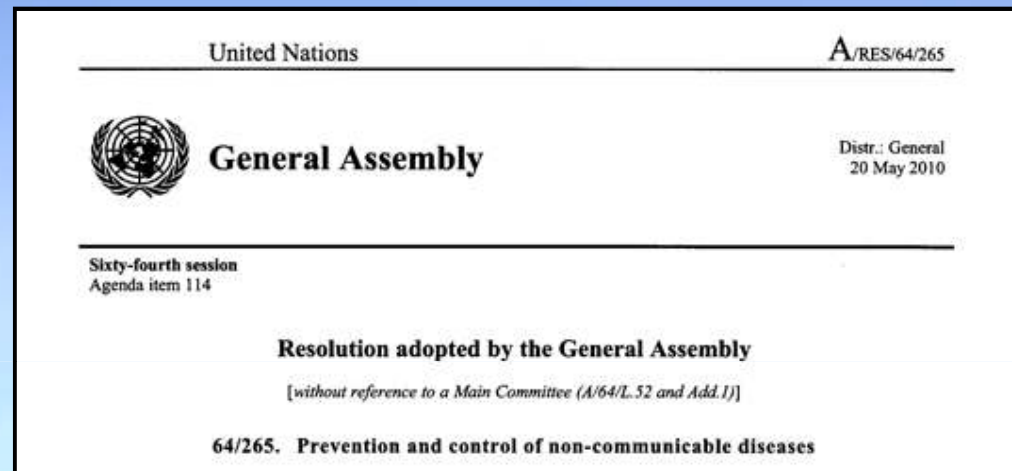
2006 United Nations Resolution on Diabetes



Calls for:

- November 14th, the current IDF World Diabetes Day, to become a United Nations Day to be observed every year starting in 2007.
- All nations to develop national policies for the prevention, treatment and care of diabetes in line with sustainable development of their healthcare systems

2010 United Nations Resolution on NCDs

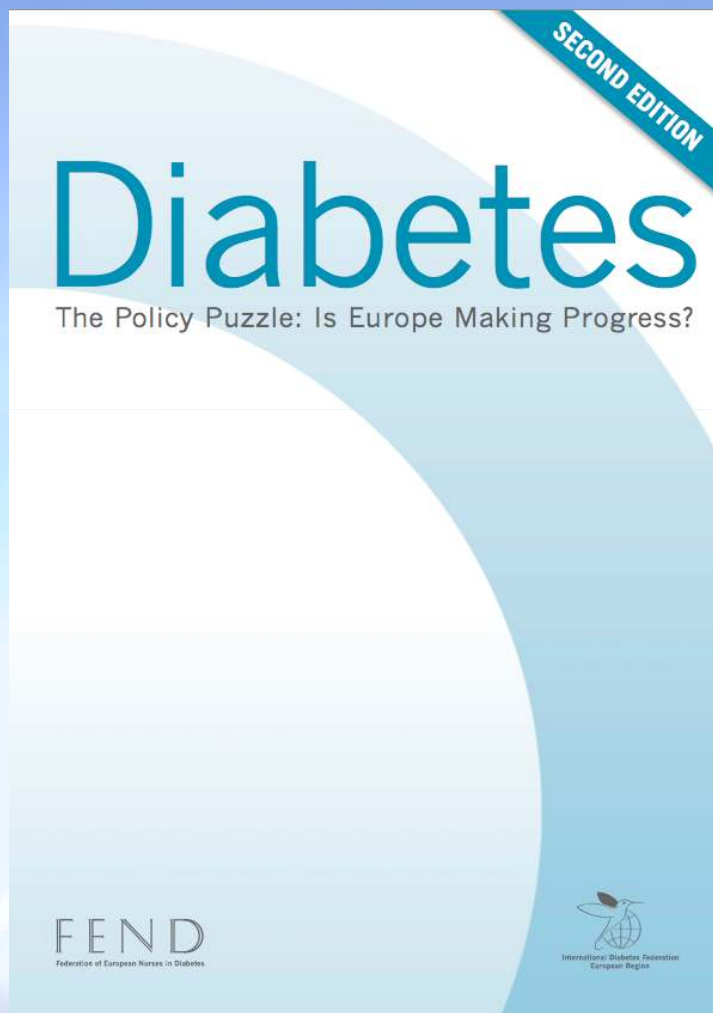


- *Decides* to convene a high-level meeting of the General Assembly in September 2011, with the participation of Heads of State and Government, on the prevention and control of non-communicable diseases.
- *Requests* the Secretary-General to submit a report to the General Assembly at its sixty-fifth session, in collaboration with Member States, the World Health Organization and the relevant funds, programmes and specialized agencies of the United Nations system, on the global status of non-communicable diseases, with a particular focus on the developmental challenges faced by developing countries.

Collaborating Partners Research Projects EU Funded



2008 Update audit - 2nd ed.



AM Felton October 2010 KDA 36th Autumn Congress Busan Korea

*“A doctor is called
but a nurse is sent for”*

Anton Chekhov